

Srikrishna College

(Estd.-1950) Government Sponsored General Degree College Affiliated by NAAC: Grade B (2ND Cycle) Bagula, Nadia, WestBengal, Pin-741502

DEPARTMENT OF EDUCATION WEBINAR REPORT

For the last one and half years we have been gone through a very difficult situation in every sphere year of our life due to covid-19 pandemic. We all are talking about the impact of this horrible situation on job sector, business sector, educational institutions, transportation sector, and communication sector and most importantly health sector, but we hardly talk much about the effect of covid pandemic on our mental health. From this consideration Dept. of Education and IQAC has been decide to arrange this A One Day National Level Webinar On "Mental Well-Being and Stress Management During Covid-19 Pandemic" organized by Dept. of Education in Collaboration with Internal Quality Assurance Cell (IQAC), Srikrishna College, Bagula, Nadia, West Bengal, India held on 29th September, 2021. Our departmental programme schedule at 02:30 pm to 05:30 pm. Webinar Programme has been anchored Mr. Mrinmoy Roy, Joint Coordinator, Webinar Organizing Committee.

On this Webinar we are deeply delighted to announce three eminent speakers of international repute have accepted our invitation to delivered their priceless speech on this webinar. Eminent speakers are-

- 1) Dr. Amulya Kumar Acharya, Associate Professor and Head, PG Department of Education, Fakir Mohan University, Balasore, Odisha, India.
- 2) Prof. (Dr.) Jayanti Das, Professor, Department of Education, University of Calcutta, India has expressed her inability to delivered her valuable speech due to some unavoidable circumstances.
- 3) Dr. Muktipada Sinha, Associate Professor & Head, Department of Education at Jadavpur University, India.

May we felicitate the president of governing body of our college at 02:30 pm. to 02:40 pm. We also the chief patron of the organizing committee Shri Anup Kumar

Bhadra. He able to join this webinar due to some unavoidable circumstances but he may convey his well wishes and expressed full support and encouragement for the event.

May we felicitate Our guide and Mentor the principal of our college Dr. Sukdeb Ghosh has been delivered his welcome address at 02:40 pm. to 02:50 pm.

May we felicitate IQAC Coordinator Mrs. Mahuya Ghose has been delivered his welcome address at 02:50 pm. to 02:55 pm.

May we felicitate our Departmental Head and Convener, Webinar Organising Committee Mr. Arup Kumar Mandal has been delivered welcome address and introducing Faculty Members. welcome address at 02:55 pm. to 03:00 pm.

Webinar main session has been started at 03:00 pm. to 05:00 pm.

Dr. Amulya Kumar Acharya, Associate Professor and Head, PG Department of Education, Fakir Mohan University,Balasore, Odisha delivered his valuable speech at 03:00 pm. to 04:00 pm.. His speech has opened new vista of thoughts. Now we realized how important it is to take care our mental health in this pandemic situation. It has been engaging session. We all are so enriched by your speech.

Dr. Muktipada Sinha is an Associate Professor & Head, Department of Education at Jadavpur University, India. He is also Joint Director, Centre for Studies in Cultural Diversity & Wellbeing, Jadavpur University delivered his valuable speech at 04:00 pm. to 05:00 pm. His speech has enriched our Webinar. His speech is full of inside full ideas, provocative thoughts and illuminating message. We all are so enriched by your speech.

We are going to have very exciting session of today's webinar that is the interactive session. We sure there are so many questions the viewers must have in their mind, to keep the session very disciplined. This session has been conducted by our faculty members Mr. Rahul Nath and Miss. Tapasi Howlader at 05:00 pm. to 05:15 pm.

we has finally reached almost the end of today's academic journey and last but not the least there must be a vote of thanks and it is our faculty member and joint coordinator, Webinar organizing committee Mrs. Priyanka Sikder. She will present vote of thanks at 05:15 pm. to 05:30 pm.

Webinar Organizing Committee are details-

Mr. Arup Kumar Mandal, Convener & HOD, Department of Education, Srikrishna College

Mr. Mrinmoy Roy & Mrs. Priyanka Sikder, Joint Co-ordinators, Webinar Organizing Committee

Mr. Rahul Nath & Miss. Tapasi Howlader, Joint Conveners, Webinar Organizing Committee

Department of Education, Srikrishna College, Bagula, Nadia

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Webinar access on any time our departmental You Tube channel-<u>https://www.youtube.com/watch?v=G-jpWShFGvY</u> and College website on Departmental web page.

11/04/2022

Department of Education Srikrishna College, Bagula, Nadia





SRIKRISHNA COLLEGE

Affiliated to University of Kalyani NAAC Accredited, Grade -'B' (2nd Cycle) Bagula, Nadia, West Bengal-741502

A ONE DAY NATIONAL LEVEL WEBINAR

ON

"MENTAL WELL-BEING AND STRESS MANAGEMENT

DURING COVID-19 PANDEMIC"

Organized by Department of Education In collaboration with Internal Quality Assurance Cell (IQAC), Srikrishna College

Date: 29th September, 2021 Time: 02:30 PM to 5:30 PM



EMINENT SPEAKERS INVITED FOR THE WEBINAR:



Dr. Amulya Kumar Acharya, Associate Professor and Head, PG Department of Education, Fakir Mohan University, Balasore, Odisha



Prof. (Dr.) Jayanti Das, Professor, Department of Education, University of Calcutta, Kolkata, West Bengal



Dr. Muktipada Sinha, Associate Professor and Head, Department of Education, Jadavpur University, Kolkata, West Bengal

Registration Link:

https://docs.google.com/forms/d/e/1FAIpQLSdxkwbJ_uIAo2mVBoMWLagVY01kFCvtDS 5umK8Dtj0swnzt4w/viewform?usp=sf_link

> Telegram Group Link: https://t.me/joinchat/H1-8Z2YI1QVIZjk1

ORGANIZING COMMITTEE

Patron:

Mr. Anup Kumar Bhadra, President, Governing Body, Srikrishna College

Chairman:

Dr. Sukdeb Ghosh, Principal, Srikrishna College

Convener:

Mr. Arup Kumar Mandal, Head, Department of Education, Srikrishna College

Joint Coordinators:

Mr. Mrinmoy Roy & Mrs. Priyanka Sikder, Faculty Members, Department of Education, Srikrishna College

Joint Conveners:

Mr. Rahul Nath & Miss. Tapasi Howlader, Faculty Members, Department of Education, Srikrishna College

Advisory Committee

IQAC Co-ordinator: Mrs. Mahuya Ghose, Associate Professor, Department of Bengali, Srikrishna College

NAAC Co-ordinator: Mrs. Puspita Mahata, Assistant Professor, Department of Commerce, Srikrishna College

G. B. Members:

Mrs. Anamika Chakraborty, Assistant Professor, Department of English, Srikrishna College

Dr. Bipul Mondal, Assistant Professor, Department of Bengali, Srikrishna College

Mr. Somnath Chakraborty, Associate Professor & Bursar, Department of Mathematics, Srikrishna College

Mr. Gautam Sarkar, Associate Professor & TCS, Department of History, Srikrishna College

Technical Coordinator:

Dr. Sajijul Islam, Assistant Professor, Department of Commerce, Srikrishna College

IMPORTANT INFORMATION

- ***Date & Time: 29th September, 2021 at 02:30 PM. Onwards.**
- ***No Registration Fee**
- *Last Date for Registration: 28 /09 /2021
- *****After registration, join the Telegram Group via Link.

***Webinar will be held on YouTube Platform.**

***All Registered Participants will receive E-Certificate after** completion the webinar and submitting the feedback form respectively.

For Contact:

MOBILE NO: 9836245567/9734320334/8910164604

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A ONE DAY NATIONAL LEVEL WEBINAR ON "MENTAL WELL-BEING AND STRESS MANAGEMENT DURING COVID-19 PANDEMIC" Organized by Department of Education in Collaboration with IQAC SRIKRISHNA COLLEGE

PROGRAMME SCHEDULE

Тіме	Programme
02.30 PM-02.40 PM	Inaugural speech by Shri Anup Kumar Bhadra, President, Governing Body, Srikrishna College
02.40 PM-02.50 PM	Welcome address by Dr.Sukdeb Ghosh, Principal, Srikrishna College
02.50 PM-02.55 PM	Welcome address by Mrs. Mahuya Ghose, Associate Professor, Dept. of Bengali, Srikrishna College
02.55 PM- 03.00 PM	Welcome address by Mr. Arup Kumar Mandal & Introduction by Mr. Mrinmoy Roy, Mrs. Priyanka Sikder, Mr. Rahul Nath, & Miss. Tapasi Howlader, Department of Education, Srikrishna College

Тіме	Programme
03.00 PM-03.40 PM	Address by eminent speaker Dr. Amulya Kumar Acharya, Associate Professor and Head, PG Department of Education, Fakir Mohan University, Balasore, Odisha
03.40 PM-04.20 PM	Address by eminent speaker Prof. (Dr.) Jayanti Das, Professor, Department of Education, University of Calcutta, Kolkata
04.20 PM-05.00 PM	Address by eminent speaker Dr. Muktipada Sinha, Associate Professor and Head, Department of Education, Jadavpur University, Kolkata
05.00 PM-05.15 PM	Interactive Session
05.15 PM-05.30 PM	Vote of Thanks by Mrs. Priyanka Sikder, Faculty Member, Department of Education, Srikrishna College